



Welcome!

The Truth about Advocating for Yourself and Those You Love

So many questions and so little time! We realize that when attending seminars, it can sometimes feel as though you are drinking water from a firehose, so feel free to use this worksheet as a tool to help you prepare for the audience Q & A portion of the program at the end. Remember... **every question is a GOOD question!!!!**

Hosts/Moderator:

- Annette & Brett Junell, Downsizing Coaches & Realtors, Junell Moves Made Easy & Junell Realty Group, (775) 432-6300 (affiliated with Keller Williams)

Panelists:

- Chaplain Chaz Blackburn, Senior Outreach Services, Sanford Center for Aging, School of Medicine, University of Nevada, Reno | (775) 827-2298
- Ashley Taylor, RMA, Care Manager, Arosa | (775) 993-9600
- Theresa Cook, Cooke Elder Navigation | (775) 762-9258

My burning question starters:

I was wondering... I am curious about... I had this friend who wanted to know...
What if... I've always wanted to know... I heard... Would you clarify...

My burning question(s):

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What does it mean to be an Advocate?

Different Types of Advocates or Advocacy

Tips for being a better advocate:

Notes:
