

Welcome!

The Truth about Technology for Seniors

So many questions and so little time! We realize that when attending seminars, it can sometimes feel as though you are drinking water from a firehose, so feel free to use this worksheet as a tool to help you prepare for the audience Q & A portion of the program at the end. Remember... every question is a GOOD question!!!!

| Hosts/Sp | beaker: |
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My hurning question starters:

• Annette & Brett Junell, Downsizing Coaches & Realtors, Junell Realty Group – Retired Moves Division @ Keller Williams (775) 432-6300

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The Truth about Technology for Seniors

Resources

Tech Support

- CyberSeniors.org | www.CyberSeniors.org | 844-217-3057
- YouTube.com | www.YouTube.com
- BestBuy Geek Squad \$199 / year BestBuy.com/TotalTechSupport
- Apple Product Support 800-275-2273
 Apple Store @ Summit Mall for Genius Bar

Tech Education

- CyberSeniors | www.CyberSeniors.org | 844-217-3057
- GFC Global | www.LearnFree.org
- YouTube.com | www.YouTube.com
- OLLI/UNR Classes (Osher Lifelong Learning Institute) \$55/year | olli.unr.edu | (775)
 784-8053 eg. Open Computer Lab, TechTime with Students, Classes on various topics
- Truckee Meadows Community College Silver College Technology | www.tmcc.edu
- Apple Store @ Summit Mall regular free classes
- AARP Tech Help Events | local.aarp.org/virtual-community-center/tech-help/

Useful tech tools

- Location sharing
- Emergency SOS
- Jitterbug Lively Smart Phone
- Maps (Google Maps; Waze)
- Video calling
- Zoom (video meetings)
- Online ordering, pickup and delivery (eg groceries, household items, restaurants)

- Audio books (Library OverDrive)
- Audio books (audible.com)
- Blocking Mobile Robo/Spam Calls (Call Protect or Truecaller)
- Telemedicine | Medical Record (eg MyChart)
- Restaurant QR codes for menus

Other useful devices

- Ring doorbell
- Bluetooth headphones watching TV (Avantree Transmitter & Headphones)
- Phonak Hearing aids (Costco)
- Apple watch
- GrandPad

- Newer Flatscreen Smart TVs
 - Digital display of photos
 - o Streaming of channels
- Streaming Devices (Google Chromecast, Amazon Fire TV, Apple TV)
- Scanner



Useful Technology Services

- Photo/Video Digitization:
 - o Costco, FedEx, www.ScanCafe.com, www.ScanDigital.com & www.LegacyBox.com
- Document Scanning
 - Offsite Data Depot | www.OffsiteDataDepot.com | (775) 888-9933 (Sparks) ~\$0.10 per page (min \$50 500 pages)
 - o FedEx Starting at \$0.49 per page
 - Washoe County Libraries (most branches and for free)
 - o CamScanner PDF (iPhone, Andriod)

Changing the Way We Live

- The Way We Drive
 - o AARP Smart DriverTEKSM Online Workshop https://learn.aarp.org/smart-drivertek-intro
- SMARTer Homes
 - Vacuum cleaning automated (iRobot, Shark)
 - Thermostats
 - Lights and Shades
 - o Voice control of all of the above and more (eg Amazon Echo, Google Home)